



The suggested contribution for those 60 and above and those under 60 with disabilities is \$3.50.

Contributions above the suggested donation are always appreciated.

AZCEND Senior Nutrition

Program Manager:

Kelly Delgado
480-782-2721

Outreach Specialist:

480-503-6061

Home Delivered Meals:

480-503-6058

Transportation:

Para Transit: 602-716-2200
Ride Choice: 602-716-2100
Chandler FLEX:
602-932-0291

Senior HELP Line:

602-264-4357

EMPACT Counseling:

480-784-1514 EXT. 1219

Housing Assistance:


480-782-3200

Chandler Senior Center:

480-782-2720

LUNCH MENU - FEBRUARY

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

MON	TUE	WED	THUR	FRI
3 Baked Chicken w/Gravy Root Vegetables Diced Yams Strawberries	4 5 Bean & Rice Casserole Stewed Tomatoes Scandinavian Blend Orange	5 Meatloaf w/Gravy Mashed Potatoes Spinach Peaches	6 Turkey Tetrazzini Broccoli Chef's Choice Veg Pineapple & Blueberries	7 SW Pork Casserole Country Blend Peppers & Onions Mango Fruit Salad
10 Lentils Carrot, Onion, Spinach Ratatouille Blend Mixed Berries	11 Grilled Chicken Strips Caesar Salad Fennel & Orange Salad Pineapple	12 Pulled Pork Cowboy Beans Baby Carrots Apricots	13 Cheeseburger Spinach Corn Cranberry Applesauce	14 Mushroom Smothered Chicken Breast Asparagus Scandinavian Blend Strawberries & Cream
17 Senior Center Closed For President's Day	18 Cheesy Pasta Primavera Italian Blend Mandarin Oranges	19 Turkey A La King Asparagus Stewed Tomatoes Peaches & Blueberries	20 Crab Salad Mediterranean Salad Coleslaw Mango Fruit Salad	21 Beef SOS Brussel Sprouts Chateau Blend Strawberries
24 Pork Chop w/Gravy Rosemary Tomatoes Peas & Carrots Pina Colada	25 Baked Chicken w/Gravy Chef's Choice Veg Italian Blends Apricots	26 Beef Chili Broccoli Baked Potato Raspberry Applesauce	27 Mexican Corn, Pinto Bean, & Quinoa Bake Butternut Squash Tropical Mix 	28 Tuna Salad Sandwich Potato Salad Romaine Salad Oranges
				*To Make Reservations For Lunch Please Call 480-782-2721