



WEEKLY ACTIVITIES

MONDAY

- 8:30 a.m. Exercise - CC & V
- 9 a.m. Knit & Crochet - CC
- 10 a.m. Karaoke
- 12:30 p.m. Musical BINGO

TUESDAY

- 8:30 a.m. Wii Bowling
- 9:30 a.m. Bridge
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Mindfulness 2.0 - CC & V
- 12:30 p.m. Pinochle

WEDNESDAY

- 8:30 a.m. Exercise - CC
- 8:30 a.m. Ceramics - CC
- 12:30 p.m. Hybrid BINGO
- 12:30 p.m. Pinochle

THURSDAY

- 8:30 a.m. Wii Bowling
- 8:45 a.m. Qui Gong Tai Chi - CC
- 9 a.m. Plastic Canvas
- 9:30 a.m. Bridge
- 10:30 a.m. Yoga, Meditation, & Health
- 12:30 p.m. Mahjong
- 1 p.m. Euchre

FRIDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Karaoke
- 12:30 p.m. Pinochle
- 12:30 p.m. Musical BINGO
- 1:30 p.m. Movie

DAILY:

Quilting, Game Room, Computer Lab, Board Games, Lounge, Garden Area

All activities above take place at the Senior Center or Community Center unless otherwise noted.

Please note that program dates and times are subject to change.

MON	TUE	WED	THUR	FRI
	1 8 a.m. Drop-In Pickleball - CC	2 10 a.m. Archwell Medicare 101	3 8:30 a.m. Drop-In Ping Pong - CC	4 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Concussion
7 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	8 8 a.m. Drop-In Pickleball - CC 9 a.m. Chair Volleyball 10 a.m. ClipDart - Senior Center Salon - RR 1:30 p.m. Women's Pool Tournament	9 10 a.m. Active Adult Advisory Committee Meeting - V 10:30 a.m. Brain Games	10 8:30 a.m. Drop-In Ping Pong - CC	11 8:30 a.m. Drop-In Ping Pong - CC 10:30 a.m. Entertainer Jim Tharp 1:30 p.m. Movie In The Lounge - Wonder 6 p.m. Dine In Movie RR
14 4 p.m. Drop-In Ping Pong - CC	15 8 a.m. Drop-In Pickleball - CC 9 a.m. Chair Volleyball 11:30 a.m. Out to Lunch - Stone & Vine - RR	16 10 a.m. Oak Street Medicare Educational	17 8:30 a.m. Drop-In Ping Pong - CC 1 p.m. AARP - Driving Course	18 8:30 a.m. Drop-In Ping Pong - CC 10:30 a.m. Entertainer The Prezley's 1:30 p.m. Movie In The Lounge - The Art of Racing in the Rain
21 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	22 8 a.m. Drop-In Pickleball - CC	23 8:45 a.m. Casino Trip Wild Horse Pass - RR 10 a.m. Conquering Diabetes - Angel Care 10:30 a.m. Brain Games	24 8:30 a.m. Drop-In Ping Pong - CC	25 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - The Odd Life of Timothy Green
28 4 p.m. Drop-In Ping Pong - CC	29 8 a.m. Drop-In Pickleball - CC 9 a.m. Diwali Cultural Event - CC RR	30 12:00 p.m. Halloween Bash and Bingo Birthday Celebration	31 8:30 a.m. Drop-In Ping Pong - CC	RR - Registration Required CC - Community Center V - In Person & Virtual Program