



WEEKLY ACTIVITIES

MONDAY

- 8:30 a.m. Exercise - CC & V
- 9 a.m. Knit & Crochet - CC
- 10 a.m. Karaoke
- 12:30 p.m. Musical BINGO

TUESDAY

- 8:30 a.m. Wii Bowling
- 9:30 a.m. Bridge
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Mindfulness 2.0 - CC & V
- 12:30 p.m. Pinochle

WEDNESDAY

- 8:30 a.m. Exercise - CC
- 8:30 a.m. Ceramics - CC
- 12:30 p.m. Hybrid BINGO
- 12:30 p.m. Pinochle

THURSDAY

- 8:30 a.m. Wii Bowling
- 8:45 a.m. Qui Gong Tai Chi - CC
- 9 a.m. Plastic Canvas
- 9:30 a.m. Bridge
- 10:30 a.m. Yoga, Meditation & Health - CC
- 12:30 p.m. Mahjong
- 1 p.m. Euchre

FRIDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Karaoke
- 12:30 p.m. Pinochle
- 12:30 p.m. Musical BINGO
- 1:30 p.m. Movie

DAILY:

Quilting, Game Room, Computer Lab, Board Games, Lounge, Garden Area

All activities above take place at the Senior Center or Community Center unless otherwise noted.

Please note that program dates and times are subject to change.

DISCOVER.

IMAGINE.

GROW.

MON	TUE	WED	THUR	FRI
1 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	2 8 a.m. Drop-In Pickleball - CC 2 p.m. Sketch a long	3 10:30 a.m. Entertainer: Sarah Vanell - 4th of July Party	4 Senior Center Closed For Independence Day	5 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - The Other Zoey
8 9 a.m. Computer Class 4 p.m. Drop-In Ping Pong - CC	9 8 a.m. Drop-In Pickleball - CC 10 a.m. ClipDart - Senior Center Salon - RR 2 p.m. Sketch a long	10 10:30 a.m. Brain Games	11 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Drop-In Pickleball	12 8:30 a.m. Drop-In Ping Pong - CC 10:30 a.m. Entertainer: Jim Tharp 1:30 p.m. Movie In The Lounge - Remember The Titans
15 11:30 a.m. Drop-In Ping Pong - CC	16 8 a.m. Drop-In Pickleball - CC 11:30 a.m. Out to Lunch - La Madeline RR 1:30 p.m. Darts Tournament 2 p.m. Sketch a long	17 9 a.m. Alignment Health - Android Phone Class 10 a.m. Alignment Health - Iphone Class	18 8:30 a.m. Drop-In Ping Pong - CC 1 p.m. AARP - Driving Course 12:30 p.m. Loteria w/ Supportive Hands Hospice 1:30 p.m. Drop-In Pickleball	19 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Movie In The Lounge - Arthur The King
22 9 a.m. Computer Class 10 a.m. Memory Café Crafts and Games 11:30 a.m. Drop-In Ping Pong - CC	23 8 a.m. Drop-In Pickleball - CC 10 a.m. Alignment Health Booth 2 p.m. Sketch a long	24 10:30 a.m. Brain Games 10:30 a.m. The Price Is Right w/Archwell Health	25 8:30 a.m. Drop-In Ping Pong - CC 1:30 p.m. Drop-In Pickleball  Birthday Celebration	26 8:30 a.m. Drop-In Ping Pong - CC 10:30 a.m. Entertainer: Jim Latter 1:30 p.m. Movie In The Lounge - Barbie
29 9 a.m. Computer Class 11:30 a.m. Drop-In Ping Pong - CC	30 8 a.m. Drop-In Pickleball - CC 2 p.m. Sketch a long	31		RR - Registration Required CC - Community Center V - In Person & Virtual Program