



WEEKLY ACTIVITIES

MONDAY

- 8:30 a.m. Exercise - CC & V
- 9 a.m. Knit & Crochet - CC
- 10 a.m. Karaoke
- 12:30 p.m. Musical BINGO

TUESDAY

- 8:30 a.m. Wii Bowling
- 9:30 a.m. Bridge
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Mindfulness 2.0 - CC & V
- 12:30 p.m. Pinochle

WEDNESDAY

- 8:30 a.m. Exercise - CC
- 8:30 a.m. Ceramics - CC
- 12:30 p.m. Hybrid BINGO
- 12:30 p.m. Pinochle

THURSDAY

- 8:30 a.m. Wii Bowling
- 8:45 a.m. Qui Gong Tai Chi - CC
- 9 a.m. Plastic Canvas
- 9:30 a.m. Bridge
- 10:30 a.m. Yoga, Meditation, & Health
- 12:30 p.m. Mahjong
- 1 p.m. Euchre

FRIDAY

- 8:30 a.m. Exercise - CC
- 9 a.m. Unfinished Crafts - CC
- 10 a.m. Karaoke
- 12:30 p.m. Pinochle
- 12:30 p.m. Musical BINGO
- 1:30 p.m. Movie

DAILY:

Quilting, Game Room, Computer Lab, Board Games, Lounge, Garden Area

All activities above take place at the Senior Center or Community Center unless otherwise noted.

Please note that program dates and times are subject to change.

| MON | TUE | WED | THUR | FRI |
|---|--|--|--|---|
| <p>RR - Registration Required</p> <p>CC - Community Center</p> <p>V - In Person & Virtual Program</p> | | <p>1</p> <p>Senior Center Closed For New Years Day</p> | <p>2</p> <p>8:30 a.m. Drop-In Ping Pong - CC</p> <p>10 a.m. New Year's Celebration</p> | <p>3</p> <p>8:30 a.m. Drop-In Ping Pong - CC</p> <p>1:30 p.m. Movie In The Lounge - It Ends With Us</p> |
| <p>6</p> <p>9 a.m. Computer Class</p> <p>2 p.m. Spice of Life Variety Show Auditions RR</p> <p>4 p.m. Drop-In Ping Pong - CC</p> | <p>7</p> <p>8 a.m. Drop-In Pickleball - CC</p> | <p>8</p> <p>8:30 a.m. Casino Trip - Wild Horse Pass RR</p> <p>10 a.m. Active Adult Advisory Committee Meeting - V</p> <p>10:30 a.m. Brain Games</p> | <p>9</p> <p>8:30 a.m. Drop-In Ping Pong - CC</p> <p>12:30 p.m. Loteria w/ Helping Hands Hospice</p> | <p>10</p> <p>8:30 a.m. Drop-In Ping Pong - CC</p> <p>10:30 a.m. Entertainment - Richard Marx</p> <p>1:30 p.m. Movie In The Lounge - Reagan</p> |
| <p>13</p> <p>9 a.m. Cybersecurity Class</p> <p>4 p.m. Drop-In Ping Pong - CC</p> | <p>14</p> <p>8 a.m. Drop-In Pickleball - CC</p> <p>6 p.m. Spice of Life Variety Show Auditions RR</p> | <p>15</p> <p>8:30 a.m. Financial Literacy - Academy Bank</p> | <p>16</p> <p>1 p.m. AARP - Driving Course</p> | <p>17</p> <p>1:30 p.m. Movie In The Lounge - White Bird</p> |
| <p>20</p> <p>Senior Center Closed For MLK Day</p> | <p>21</p> <p>8 a.m. Drop-In Pickleball - CC</p> <p>11:30 a.m. Out to Lunch - North Italia RR</p> | <p>22</p> <p>10:30 a.m. Brain Games</p> | <p>23</p> <p>8:30 a.m. Drop-In Ping Pong - CC</p> | <p>24</p> <p>8:30 a.m. Drop-In Ping Pong - CC</p> <p>10:30 a.m. Entertainment - Jay Farris</p> <p>1:30 p.m. Movie In The Lounge - The Hill</p> |
| <p>27</p> <p>9 a.m. Computer Class</p> <p>4 p.m. Drop-In Ping Pong - CC</p> | <p>28</p> <p>8 a.m. Drop-In Pickleball - CC</p> | <p>29</p> | <p>30</p> <p>8:30 a.m. Drop-In Ping Pong - CC</p> | <p>31</p> <p>8:30 a.m. Drop-In Ping Pong - CC</p> <p>1:30 p.m. Movie In The Lounge - The Light Between Oceans</p> |

