



### THERAPEUTIC RECREATION CONTACT

Collette Prather, 480-782-2709 | collette.prather@chandleraz.gov  
 All class fees are paid during the registration process. All instructor and supply fees must be paid to your instructor at the first class.



**2016 APRA Outstanding Adaptive Award:** Chandler Fun Run, Chandler Mayor's Committee for People with Disabilities

## Therapeutic Recreation Philosophy

At the City of Chandler Therapeutic Recreation Program, our mission is to enhance the quality of life for individuals with physical, mental, emotional, or social limitations.

We strive to facilitate the development, maintenance and expression of an appropriate leisure lifestyle for individuals with developmental disabilities. Participants typically are part of one or more of the following areas: sheltered workshop, special education classes and one whose mental and/or physical disability limits that person from participating in regular recreation.

### Registration Procedures

Individuals who meet the criteria represented in the philosophy above and who are interested in joining these programs should contact the Chandler Recreation Division in order to receive the monthly calendar, quarterly newsletter, flyers and other information regarding our programs.

**Participants interested in Special Olympics sports need to complete an Arizona Special Olympics Medical Form in order to compete.**

Please contact Collette Prather at 480-782-2709 to be placed on the email list and/or to obtain a registration form or medical release form. Or you can visit:

[www.chandleraz.gov/therapeutic](http://www.chandleraz.gov/therapeutic)

**SWEETHEART DANCE**  
 SATURDAY, FEBRUARY 11  
 6:30-9 P.M.

Chandler Community Center  
 125 E. Commonwealth Ave.

Registration is required!

REGISTRATION CODE:  
 2TR012

XOXO

### KEY



This icon denotes that this class will be engaging in activities that will increase your child's heart rate and metabolism.  
**Promotes Fitness!**

## Special Interest Classes

### THERAPEUTIC COOKING

Are you hungry when you get home from school or work? Do you want to learn to make some good snacks that you can enjoy? Come to our creative cooking class. We will learn about fun meals that are easy and fun to make. This program is designed for individuals with disabilities.

Instructor: TBD

Location: Tumbleweed Recreation Center, Kitchen – 745 E. Germann Rd.

**Resident fee: \$19 Non-resident fee: \$26**  
 2TR001 Th 2/2-3/2 5:30-6:30 p.m. 12 yrs+

### THERAPEUTIC HIP-HOP

Everyone loves to dance. Come learn some new moves and learn the latest in hip-hop dances. Learn how to do dance moves like the Harlem shake, popping, glide, heel toe, crip walk, moonwalk and other dance moves easily. This class is designed for individuals with developmental disabilities.

Instructor: Kalob Insalaco

Location: Chandler Senior Center, Multipurpose Room

**Resident fee: \$16 Non-resident fee: \$22**  
 2TR002 W 2/1-3/1 6-6:45 p.m. 12 yrs+

### THERAPEUTIC HORSEBACK RIDING

This program is specifically designed for children, teens, and adults with disabilities. Riders will learn a new level of freedom and movement while improving self-esteem and socialization. They will benefit physically, emotionally, and mentally through interaction with the horses, instructors, volunteers and fellow students. Riders will also learn to care for the horses while riding. Riders also need to have a current physical on file at the therapeutic office before starting class. Physical forms can be found at [www.chandleraz.gov/therapeutic](http://www.chandleraz.gov/therapeutic). Instructor fee due to instructor on first night of class.

Instructor: Teri Chambers

Instructor fee: \$150 Supply fee: \$0

Location: Valley Silver Bullets, 43757 N. Coyote Rd. San Tan Valley, 85140

**Resident fee: \$42 Non-resident fee: \$57**  
 2TR003 M 1/9-3/13 6-7 p.m. 5 yrs+

## Mayor's Committee for People with Disabilities

offers a financial assistance program to Chandler residents with disabilities to pursue education, leisure or other meaningful interests.

**For more information, please call Collette Prather at 480-782-2709.**



## Special Olympics & Unified Sports

Promotes Fitness!

**\*\*All Special Olympics and Unified Sports require at least 75% attendance rate in order for an athlete to participate in state competition. Every athlete must have a current physical on file in Chandler before the first night of practice. Athletes may only participate in one of the sports below, either basketball or cheer.\*\***

### THERAPEUTIC BASKETBALL TEAMS

Are you familiar with basketball? Do you want to run the court, shoot hoops and play on a team? This program is for Special Olympics athletes who are familiar with basic basketball skills and can run the court to play in games. This program is for individuals with disabilities.

Instructor: Jody Shagena

Location: Willis Jr. High

**Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD**

2TR004 M/W 1/9-3/15\* 7-8:30 p.m. 16 yrs+

\*No practice 1/16 & 2/20

### THERAPEUTIC JUNIOR BASKETBALL

Are you new to basketball and you want to try it out? Come join us. Learn the chest pass, bounce pass, dribble, shoot and score. These are some of the skills you will learn and compete in at the end of the season. This program is for individuals with disabilities.

Instructor: Gene Marquez

Location: Willis Jr. High, Multipurpose Room - 401 S. McQueen Rd.

**Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD**

2TR005 W 1/11-3/15 6-7 p.m. 6 yrs+

### THERAPEUTIC CHEER & DANCE TEAM

C-H-A-N-D-L-E-R, GO CHANDLER! Come join the Chandler cheer line to cheer on our own Chandler Cougars and learn cheers for competition at area and state tournaments. 100% attendance is strongly encouraged. This program is for individuals with disabilities.

Instructor: Hannah McWilliams/Logann Gregg

Location: Willis Jr. High, Multipurpose Room - 401 S. McQueen Rd.

**Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD**

2TR006 Th 1/12-3/16 6:30-8 p.m. 6 yrs+

### THERAPEUTIC TRACK TEAM

Run or walk, throw softball or shot put. Come try a new skill, plus get in shape with the track team. This program concludes with one competition for Special Olympics. Attendance at practice is very important while training for a sport. This program is for individuals with disabilities.

Instructor: Austin Rector

Location: Hamilton High School, Track - 3700 S. Arizona Ave.

**Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD**

2TR007 Tu 2/7-4/11\* 6-7 p.m. 6-21 yrs+

2TR008 Tu 2/7-4/11\* 7-8 p.m. 22 yrs+

\*No program 3/7 & 3/14

### THERAPEUTIC UNIFIED BASKETBALL TEAM

Athletes and partners, here we come. Unified basketball is for those athletes that can keep up with a fast-paced team while focusing on the true skills of basketball through on-court coaching from partners. Unified basketball participates in a traveling league in the East Valley in January and February. You must provide your own transportation. This program is for individuals with disabilities.

Instructor: Andrew Wiemers

Location: Andersen Jr. High, Gymnasium - 1255 N. Dobson Rd.

**Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD**

2TR009 W 12/7-3/15\* 7-8:30 p.m. 16 yrs+

\*No program 12/28 & 1/4

### THERAPEUTIC UNIFIED FLAG FOOTBALL

Throw, run or pull the flags. Flag football is a whole lot of fun. Teams will be created with non-disabled partners to learn the skills of football while preparing to compete at the state competition. This program is for individuals with disabilities.

Instructor: Scott Nasser

Location: Pima Park, Soccer Fields - 625 N. McQueen Rd.

**Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD**

2TR010 Sa 1/7-3/11\* 8:30-10 a.m. 16 yrs+

\*No program 1/28

## Mistletoe Magic

SATURDAY, DEC. 17, 2016 • 6-9 p.m.

MESA CONVENTION CENTER

201 North Center St. • Mesa, AZ 85201

**Resident fee: \$10 • Non-resident fee: \$14**

Includes dinner and a photo with Santa.

Pre-registration is required!

Registration Code: 1TR012

For more information call Collette Prather  
at 480-782-2709.



## TALK OF THE TOWN NEWSLETTER

Our quarterly newsletter has more details about upcoming programs, classes, socials and sports. Send an email to [collette.prather@chandleraz.gov](mailto:collette.prather@chandleraz.gov) to join the email list.

## Special Olympics and Unified Sports Medical Forms Policy

**ALL** athletes competing in any Special Olympics sport must have a current Arizona State Special Olympics medical form on file with the City of Chandler **BEFORE** beginning practice for any sport!

There is a specific form to be filled out by the doctor, as well as the family. It is suggested that you keep a copy of your current physical.

You can get the medical form from Special Olympics Arizona at

[www.specialolympicsarizona.org](http://www.specialolympicsarizona.org),

then click on forms, then print **ALL PAGES** of the form.

If you are unsure whether or not your medical form is up to date, please call Collette Prather 480-782-2709.

## VOLUNTEERS ARE ALWAYS WELCOME!

There are many ways that you can help out with Special Olympics sports, classes, socials, or special programs. If you are a positive role model and interested in helping out with any of the fun and inspiring programs, please call Collette Prather at 480-782-2709. You'll be glad that you made a difference!

## WHAT IS RAD?

Recreation & Athletics for Individuals with Disabilities was created with the motto "RAD pays so others can play". Check out their website to learn how they support Chandler Special Olympics programs at [www.supportrad.com](http://www.supportrad.com).



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