



# ADVENTURE LOG

## Where Community Grows

Just like the seeds on a flower, there are endless possibilities for families and friends to discover, imagine, and grow together. No two adventures are identical. In celebration of Park and Recreation Month, we encourage you to explore your community through Chandler Parks & Recreation. This July, embark on a thrilling month-long adventure! Share your adventures with us at **#GrowWithChandler!**

<b>1. TAKE A HIKE</b>  Lace up your hiking boots and discover the great outdoors! Take a walk on a trail, in a park, or even around your neighborhood. What did you see and learn along the way?	<b>2. WORKOUT</b>  Get up, get out, and get moving. 60-minutes or more of moderate-to-vigorous physical activity daily is all it takes to maintain a healthy lifestyle. Looking for fitness activities the whole family can enjoy? Visit Tumbleweed Recreation Center.	<b>3. GO SWIMMING</b>  Dive into free family fun with Chandler Aquatic Center's Free Swim days. Visit your local pool for more information.
<b>4. MAKE A MASTERPIECE</b>  Let your imagination run wild and create a beautiful work of art. Once finished, showcase it with pride on your fridge or hang it on the wall.	<b>5. TAKE AN ONLINE CLASS</b>  Sign up for our free Chandler Rec Virtual Classes membership and enjoy art classes, learn about the nature, and even workout – all from the comfort of home!	<b>6. GO SKATEBOARDING</b>  Shred the bowl at Chandler Skate Park located within Snedigar Sportsplex. It's perfect for skateboarders and in-line of all skill levels.
<b>7. DROP-IN</b>  Visit your local recreation or aquatic center for free daily programming. It's a summer to play your way!	<b>8. MAKE A SPLASH</b>  Soak in summer fun at Chandler splash pads. From simple to splashy, these water play pads will help keep you cool all summer long.	<b>9. PLAY BALL</b>  Grab your family and friends and make your way to the nearby sports court! With over 50 courts providing basketball and volleyball facilities, Chandler Parks are an ideal spot for some friendly competition.
<b>10. BARK IN THE PARK</b>  Embrace the dog days of summer with a cool walk in the park. Chandler's four dog parks offer several exciting ways for you and Fido to exercise and socialize.	<b>11. PICNIC</b>  Enjoy a family lunch or watch the sunset over the horizon as you spread out your picnic blanket at one of our 69 parks.	<b>12. FIND ANIMALS</b>  Enjoy a family lunch or watch the sunset over the horizon as you spread out your picnic blanket at one of our 69 parks.
<b>13. MAKE SOME RACQUET</b>  Swing through summer with one of Chandler Recreation's racquet sports. With a variety of options available, from pickleball to racquetball and more, there's something for everyone to enjoy.	<b>14. EXPLORE AT NIGHT</b>  Grab your flashlight head outside! Explore your backyard or neighborhood. Write about what you saw and heard in your summer adventure journal.	<b>15. SCAVENGER HUNT</b>  Explore the outdoors and create a unique piece of art inspired by nature. Collect rocks, twigs, leaves, and other materials to unleash your creativity and bring your vision to life.

[chandleraz.gov/parkandrecmonth](http://chandleraz.gov/parkandrecmonth)