



THERAPEUTIC RECREATION CONTACT

Collette Prather, 480-782-2709 | collette.prather@chandleraz.gov
 All class fees are paid during the registration process. All instructor and supply fees must be paid to your instructor at the first class.



2016 APRA Outstanding Adaptive Award: Chandler Fun Run, Chandler Mayor's Committee for People with Disabilities

Therapeutic Recreation Philosophy

At the City of Chandler Therapeutic Recreation Program, our mission is to enhance the quality of life for individuals with physical, mental, emotional, or social limitations.

We strive to facilitate the development, maintenance and expression of an appropriate leisure lifestyle for individuals with developmental disabilities. Participants typically are part of one or more of the following areas: sheltered workshop, special education classes and one whose mental and/or physical disability limits that person from participating in regular recreation.

Registration Procedures

Individuals who meet the criteria represented in the philosophy above and who are interested in joining these programs should contact

the Chandler Recreation Division in order to receive the monthly calendar, quarterly newsletter, flyers and other information regarding our programs.

Participants interested in Special Olympics sports need to complete an Arizona Special Olympics Medical Form in order to compete.

Please contact Collette Prather at 480-782-2709 to be placed on the email list and/or to obtain a registration form or medical release form. Or you can visit:

chandleraz.gov/therapeutic

KEY



This icon denotes that this class will be engaging in activities that will increase your child's heart rate and metabolism.
Promotes Fitness!

Special Interest Classes

THERAPEUTIC COOKING

Are you hungry when you get home from school or work? Do you want to learn to make some good snacks that you can enjoy? Come to our creative cooking class. We will learn about fun meals that are easy and fun to make. This program is designed for individuals with disabilities.

Instructor: Leilani Redmond

Location: Tumbleweed Recreation Center, Kitchen – 745 E. Germann Rd.

Resident fee: \$28 Non-resident fee: \$38
 2TR001 Th 1/25-2/22 5:30-7 p.m. 12 yrs+

THERAPEUTIC HIP-HOP

Everyone loves to dance. Come learn some new moves and learn the latest in hip-hop dances. Learn how to do dance moves like the Harlem shake, popping, glide, heel toe, crip walk, moonwalk and other dance moves easily. This class is designed for individuals with developmental disabilities.

Instructor: Sydney Moore

Location: Chandler Senior Center, Multipurpose Room

Resident fee: \$16 Non-resident fee: \$22
 2TR002 W 1/17-2/21 6-6:45 p.m. 12 yrs+

THERAPEUTIC NINJA WARRIORS TRAINING

Do you love a challenge? Are you up for some strength training and work on balance, coordination and fitness while having a lot of fun? Join us for this new style of fun and exercise.

Instructor: Austin Rector

Location: Chandler Community Center, Room 111

Resident fee: \$13 Non-resident fee: \$18
 2TR003 W 12/6-12/20 4-5 p.m. 12 yrs+

Resident fee: \$16 Non-resident fee: \$22
 2TR004 M 1/29-2/26* 4-5 p.m. 12 yrs+

*No class 2/19

SWEETHEART DANCE

FRIDAY, FEBRUARY 9
6:30-9 P.M.

Chandler Community Center
125 E. Commonwealth Ave.

Registration is required!

FREE!

REGISTRATION CODE:
2TR122

XOXO

WHAT IS RAD?

Recreation & Athletics for Individuals with Disabilities was created with the motto "RAD pays so others can play". Check out their website to learn how they support Chandler Special Olympics programs at supportrad.com.



When you #StartWithASmile, Amazon donates 0.5% of the purchase price to Recreation And Athletics For The Disabled. Bookmark the link (or scan the QR Code to the left) <http://smile.amazon.com/ch/20-1502346> and support us every time you shop.

Special Olympics & Unified Sports

Promotes Fitness!

****All Special Olympics and Unified Sports require at least 75% attendance rate in order for an athlete to participate in state competition. Every athlete must have a current physical on file in Chandler before the first night of practice. Athletes may only participate in one of the sports below, either swimming or softball. State competition is tentatively scheduled to be May 9-11, 2018****

THERAPEUTIC BASKETBALL TEAMS

Are you familiar with basketball? Do you want to run the court, shoot hoops and play on a team? This program is designed for individuals with disabilities.

Instructor: Jody Shagena

Location: Willis Jr. High

Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD

2TR211 M/W 1/10-3/14* 7-8:30 p.m. 16 yrs+

*No practice 1/15 & 2/19

THERAPEUTIC JUNIOR BASKETBALL TEAM

Shoot, score! Do you want to play some basketball? Are you new and want to make some friends too? We have a great juniors program to learn some skills and play on a team.

Instructor: Gene Marquez

Location: Willis Jr. High, Multipurpose Room - 401 S. McQueen Rd.

Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD

2TR212 W 1/11-3/15 6-7 p.m. 6 yrs+

THERAPEUTIC CHEER & DANCE TEAM

C-H-A-N-D-L-E-R, GO CHANDLER! Come join the Chandler cheer line to cheer on our own Chandler Cougars and learn cheers for competition at area and state tournaments. 100% attendance is strongly encouraged. This program is for individuals with disabilities.

Instructor: TBA

Location: Willis Jr. High, Multipurpose Room - 401 S. McQueen Rd.

Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD

2TR213 Th 1/18-3/15 6:30-8 p.m. 6 yrs+

THERAPEUTIC TRACK TEAM

Run or walk, throw softball or shot put. Come try a new skill, plus get in shape with the track team. This program concludes with one competition for Special Olympics. Attendance at practice is very important while training for a sport. This program is for individuals with disabilities.

Instructor: Austin Rector

Location: Hamilton High School, Track - 3700 S. Arizona Ave.

Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD

2TR214 Tu 2/13-5/1* 6-7 p.m. 6-21 yrs+

2TR215 Tu 2/13-5/1* 7-8 p.m. 22 yrs+

*No program 3/14

THERAPEUTIC UNIFIED BASKETBALL TEAM

Athletes and partners, here we come. Unified basketball is for those athletes that can keep up with a fast-paced team while focusing on the true skills of basketball through on-court coaching from partners. Unified basketball participates in a traveling league in the East Valley in January and February. You must provide your own transportation. This program is for individuals with disabilities.

Instructor: Katie Pollak

Location: Andersen Jr. High, Gymnasium - 1255 N. Dobson Rd.

Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD

2TR216 W 12/6-3/14* 7-8:30 p.m. 16 yrs+

*No program 12/25-1/8

THERAPEUTIC UNIFIED FLAG FOOTBALL

Throw, run or pull the flags. Flag football is a whole lot of fun. Teams will be created with non-disabled partners to learn the skills of football while preparing to compete at the state competition. This program is for individuals with disabilities.

Instructor: Scott Nasser

Location: Pima Park, Soccer Fields - 625 N. McQueen Rd.

Resident fee: \$20 Non-resident fee \$27 all registration fees are paid by RAD

2TR217 Sa 1/6-3/10 8:30-10 a.m. 16 yrs+

****All Special Olympics and Unified Sports require at least 75% attendance rate in order for an athlete to participate in state competition. Every athlete must have a current physical on file in Chandler before the first night of practice. Basketball and cheer are the same competition therefore athletes may only participate in one of those programs.****

Mistletoe Magic

SATURDAY, DEC. 16, 2017 • 6-9 p.m.

MESA CONVENTION CENTER

201 North Center St. • Mesa, AZ 85201

Resident fee: \$10 • Non-resident fee: \$14

Includes dinner and a photo with Santa.

Pre-registration is required!

Registration Code: 2TR121

For more information call Collette Prather at 480-782-2709.



Talk of the Town Newsletter

Our quarterly newsletter has more details about upcoming programs, classes, socials and sports. Send an email to collette.prather@chandleraz.gov to join the email list.

Special Olympics and Unified Sports

Medical Forms Policy

ALL athletes competing in any Special Olympics sport must have a current Arizona State Special Olympics medical form on file with the City of Chandler **BEFORE** beginning practice for any sport!

There is a specific form to be filled out by the doctor, as well as the family. It is suggested that you keep a copy of your current physical.

You can get the medical form from Special Olympics Arizona at

specialolympicsarizona.org,

then click on forms, then print **ALL PAGES** of the form.

If you are unsure whether or not your medical form is up to date, please call Collette Prather 480-782-2709.

VOLUNTEERS ARE ALWAYS WELCOME!

There are many ways that you can help out with Special Olympics sports, classes, socials, or special programs. If you are a positive role model and interested in helping out with any of the fun and inspiring programs, please call Collette Prather at 480-782-2709. You'll be glad that you made a difference!

Friday Night Social Club (FNCS) is...

an opportunity to go into the community with friends and enjoy an evening out. This program is designed for teens and adults ages 16 and older with disabilities. For a more complete listing of FNCS events, please consult the "Talk of the Town" Newsletter, go to **chandleraz.gov/therapeutic**, or call 480-782-2709.



Athletes participation in the sports programs with this symbol are eligible to compete in Special Olympics Arizona (SOAZ).
*Registration fees, paid by RAD, help provide City staffing, uniforms and transportation. This fee is not charged by Special Olympics Arizona.