

WEEKLY ACTIVITIES

MONDAY

- 8:30 a.m. Exercise
- 10 a.m. Bunco
- 10 a.m. Mahjong
- 12 p.m. Party Bridge
- 12:15 p.m. Bingo

TUESDAY

- 8:30 a.m. Quilting
- 8:30 a.m. Knitting/Crocheting
- 9 a.m. Party Bridge
- 12 p.m. Pinochle
- 12 p.m. Hand/Foot

WEDNESDAY

- 8:30 a.m. Exercise
- 10 a.m. Bunco
- 12 p.m. Hand/Foot
- 12 p.m. Pinochle
- 12:15 p.m. Bingo

THURSDAY

- 8:30 a.m. Quilting
- 9 a.m. Party Bridge
- 12 p.m. Pitch
- 1 p.m. Euchre

FRIDAY

- 8:30 a.m. Exercise
- 10 a.m. Bunco
- 12 p.m. Party Bridge
- 12:15 p.m. Bingo

Daily Activities

- Mexican Train Dominos
- Billiards
- Computer Lab
- Lunch Program



SENIOR CENTER EVENTS – DECEMBER 2017

MUSIC, EDUCATION AND OTHER EXTRACURRICULAR OPPURTUNITIES

MON	TUE	WED	THUR	FRI
				1 10 a.m. Chair Massages w/ Desert Cove Nursing Center 1:30 p.m. Movie in the Lounge: The Shack (2017)
4 8:30 a.m. Ping Pong @ C.C. 10 a.m. Mindfulness 1:30 p.m. Movie in the Lounge: Moana	5 1 p.m. Bowling @ Kyrene Lane (\$3)	6 8 a.m. Ceramics @ C.C. 8:30 a.m. Ping Pong @ C.C. 9:30 a.m. Coloring in the computer lab	7 8:45 a.m. Qigong Tai Chi 9 a.m. Arts & Crafts w/Wanda 9:30 a.m. Blood Pressure Screenings 10 a.m. Bread Distribution	8 10 a.m. Karaoke 1:30 p.m. Movie in the Lounge: Heaven is for Real (2014) PG 5 p.m. Holiday Dance music w/ Gene Mann
11 8:30 a.m. Ping Pong @ C.C. 9 a.m. Benefits Assistance 10 a.m. Mindfulness	12 1 p.m. Bowling @ Kyrene Lane (\$3)	13 8 a.m. Ceramics @ C.C. 8:30 a.m. Ping Pong @ C.C.	14 9 a.m. Plastic Canvas 10 a.m. Bread Distribution	15 1:30 p.m. Movie in the Lounge: White Christmas (1954) NR
18 8:30 a.m. Ping Pong @ C.C. 10 a.m. Mindfulness 10:15 a.m. Pictionary w/Homewell	19 1 p.m. Bowling @ Kyrene Lane (\$3)	20 8 a.m. Ceramics @ C.C. 8:30 a.m. Ping Pong @ C.C. 8:30 a.m. Ft. McDowell Casino Trip 9:30 a.m. Coloring in the computer lab	21 9 a.m. Arts & Crafts w/ Wanda 10 a.m. Bread Distribution	22 10 a.m. Karaoke 1:30 p.m. Movie in the Lounge: Miracle on 34th St (1947) NR
25 Closed for Christmas Holiday	26 1 p.m. Bowling @ Kyrene Lane (\$3)	27 8 a.m. Ceramics @ C.C. 8:30 a.m. Ping Pong @ C.C.	28 9 a.m. Plastic Canvas class 10 a.m. Bread Distribution	29 10 a.m. New Years Eve party music w/ Carlotta Wheeler 1:30 p.m. Movie in the Lounge: Bucket List (2007) PG-13