



The suggested donation for guests over 60 years is \$2.50. The cost for guests under 60 years is \$4.

Contributions above the suggested donation are always appreciated.

The Gilbert & Chandler Senior Centers, along with AZCEND would like to thank The United Way, The Town of Gilbert, The City of Chandler, and Area Agency on Aging for their

CHANDLER KITCHEN

480-782-2721

AZCEND

Lisa / Outreach Specialist

480-503-6061

Pat / Home Delivered Meals

480-503-6058

Transportation:

Para Transit 602-716-2200;

Ride Choice 602-716-2100

LUNCH MENU - JANUARY 2018

MENUS ARE SUBJECT TO CHANGE. LUNCH IS SERVED AT 11:30 A.M. M-F.

MON	TUE	WED	THUR	FRI
1 Closed for New Years	2 Pork Chop Sauerkraut OR Soup & Salad Cranberry Applesauce	3 Beef & Rice Casserole Green Beans & Carrots OR Soup & Salad Peaches w/Basil	4 Lentils w/Fried Onions Spinach & Cauliflower OR Soup & Salad Jello	5 Turkey Chili Stew Mashed Potatoes OR Soup & Salad Apple Juice
8 Biscuits & Gravy Spinach Casserole OR Soup & Salad Fruit Salad	9 Italian Delight Cauliflower OR Soup & Salad Apricots w/Coconut	10 Chicken Alfredo Casserole Broccoli OR Soup & Salad Tropical Fruit	11 BBQ Shredded Pork Sweet Potatoes OR Soup & Salad Mango Pineapple	12 Baked Salmon Bok Choy OR Soup & Salad Blackberries & Apples
15 Closed for MLK Day	16 Baked Tilapia Red Peppers, Carrots OR Soup & Salad Strawberry Yogurt	17 Stuffed Peppers Cauliflower OR Soup & Salad Spiced Apples	18 Chicken Drumettes Scalloped Potatoes OR Soup & Salad Fruit Cocktail	19 Shredded Pork Creamed Spinach OR Soup & Salad Peaches
22 Beer Battered Cod Chuckwagon Corn OR Soup & Salad Mandarin Oranges	23 BBQ Chicken Mashed Potatoes OR Soup & Salad Pears	24 Pork Roast Jambalaya Collared Greens OR Soup & Salad Pineapples	25 Diced Beef w/Black Beans Stewed Tomatoes OR Soup & Salad Grape Juice	26 Chicken Cacciatore Carrots & Red Peppers OR Soup & Salad Apple Cobbler
29 Country Fried Steak Mashed Potatoes OR Soup & Salad Fruit Salad	30 Baked Flounder Spinach OR Soup & Salad Berries w/Yogurt	31 Chicken Fajitas Casserole Spanish Rice OR Soup & Salad Mangoes		