



FREE RATING CLINIC JAN. 26 – FEB. 7, 2015 • CALL 480-782-2650 FOR SPECIFIC DATES AND TIMES.

Each league player must be rated by a Chandler Tennis Center Tennis Professional or have an N.T.R.P. (National Tennis Rating Program) rating prior to registering in the league. If a player signs up without being rated, he or she will be removed and given a full refund. Each player **must** sign up for the league that you have been rated. If you sign up for a lower or higher league you will be placed in the appropriate level depending on availability.

Adult Leagues

Leagues will start the week of Monday, March 23. Leagues are designed to play up to six to eight matches. Registration will close one week prior to first match or when league is filled.

Singles: Resident fee: \$36 Non-resident fee: \$49
Doubles: Resident fee: \$44 per team Non-resident fee: \$60 per team

MEN'S SINGLES	2.5	Wednesday	8 p.m.
	3.0	Monday	6:30 p.m.
	3.5	Tuesday	6:30 p.m.
	3.5	Friday	6:30 p.m.
	4.0	Tuesday	8 p.m.
	4.5+	Thursday	8 p.m.
WOMEN'S SINGLES	2.5	Thursday	6:30 p.m.
	3.0	Thursday	6:30 p.m.
	3.5	Monday	8 p.m.
WOMEN'S DOUBLES	6.0-6.5	Friday	9 a.m.
	7.0-7.5	Thursday	9 a.m.
	8.0+	Monday	9 a.m.
MIXED DOUBLES (COMBINED RATING)	6.0-6.5	Friday	6:30 p.m.
	7.0-7.5	Friday	6:30 p.m.

7.0-7.5 MIXED DOUBLES (COMBINED RATING) – WEDNESDAY

First match will start on Wednesday, March 25 and will play for 10 weeks. Registration will close one week prior to first match or when league is filled.

Resident fee: \$55 per team Non-resident fee: \$75 per team
 7.0-7.5 Wednesday 6:30 p.m.

Sub List – Adult Leagues

Want to play in an adult league but not always available for the entire season? Register to be on our sub list! If a regular player is unable to make their scheduled match, they will contact a sub to fill in. Each sub must be rated by a Chandler Tennis Center Tennis Professional or have a National Tennis Rating Program (NTRP) rating prior to being on the list. Subs will not be carried over to the next session. Must register each session if interested.

Singles: Resident fee: \$0 Non-resident fee: \$0
Doubles: Resident fee: \$0 Non-resident fee: \$0

MEN'S SINGLES	2.5
	3.0
	3.5
	4.0
	4.5
WOMEN'S SINGLES	2.5
	3.0
	3.5
MIXED DOUBLES (COMBINED RATING)	6.0-6.5
	7.0-7.5



KEY



This icon denotes that this class will be engaging in activities that will increase your child's heart rate and metabolism.
Promotes Fitness!

Youth and Junior Tennis Lessons and Camps

- Lessons run for eight weeks.
- Camps run for four consecutive days.
- Player to instructor ratio is 8:1 unless otherwise noted.
- Participants will need to provide their own racquet.
- If a player is registered in a class that is either higher or lower than their ability, the tennis instructor will make a recommendation for a more suitable class. You will be encouraged to move into the appropriate class level depending upon availability.



Youth Lessons

RED BALL CLINICS (AGES 4-7)

Foam/Red ball is designed to help children learn the game of tennis with equipment that is age and size appropriate. Just like other popular youth sports, Foam/Red ball stresses the importance of play and team competition. Students will have the opportunity to have fun playing tennis with their friends and develop skills that will become the foundation of their tennis games. This lesson will be instructed by a tennis professional and caters to all skill levels within the age bracket.

Instructor: Vicki Foster, Tennis Staff

Resident fee: \$40 Non-resident fee: \$54		
Tu	3/24-5/12	4:45-5:30 p.m. 4-7 yrs
Th	3/26-5/14	4:45-5:30 p.m. 4-7 yrs
Sa	3/28-5/16	9:15-10 a.m. 4-7 yrs



Junior Lessons

ORANGE BALL CLINICS (AGES 8-10)

The Orange level focuses on faster play while implementing more advanced instruction and technique than the "red" ball level. This lesson will be instructed by a tennis professional and caters to all skill levels within the age bracket.

Instructor: Vicki Foster, Tennis Staff

Resident fee: \$50 Non-resident fee: \$68		
Tu	3/24-5/12	5:30-6:30 p.m. 8-10 yrs
Th	3/26-5/14	5:30-6:30 p.m. 8-10 yrs
Sa	3/28-5/16	10-11 a.m. 8-10 yrs

GREEN BALL CLINICS (AGES 11-12)

The Green level uses a low compression tennis ball and once again focuses on faster play while implementing a more advanced method to learning match play and technique. This lesson will be instructed by a tennis professional and caters to all skill levels within the age bracket.

Instructor: Vicki Foster, Tennis Staff

Resident fee: \$50 Non-resident fee: \$68		
Tu	3/24-5/12	6:30-7:30 p.m. 11-12 yrs
Th	3/26-5/14	6:30-7:30 p.m. 11-12 yrs
Sa	3/28-5/16	11 a.m.-noon 11-12 yrs

Tennis center Programs



SPRING CAMPS

Youth

FOAM/RED BALL

Instructor: Tennis Staff

Resident fee: \$25	Non-resident fee: \$34		
M-F	3/9-3/13	9:15-10 a.m.	4-7 yrs
M-F	3/16-3/20	9:15-10 a.m.	4-7 yrs

ORANGE BALL

Instructor: Tennis Staff

Resident fee: \$32	Non-resident fee: \$44		
M-F	3/9-3/13	10-11 a.m.	8-10 yrs
M-F	3/16-3/20	10-11 a.m.	8-10 yrs

Junior

GREEN BALL

Instructor: Tennis Staff

Resident fee: \$32	Non-resident fee: \$44		
M-F	3/9-3/13	9-10 a.m.	11-12 yrs
M-F	3/16-3/20	9-10 a.m.	11-12 yrs

Teen

TEEN (BEGINNER)

Instructor: Tennis Staff

Resident fee: \$32	Non-resident fee: \$44		
M-F	3/9-3/13	10-11 a.m.	13-17 yrs

TEEN (INTERMEDIATE)

Instructor: Tennis Staff

Resident fee: \$32	Non-resident fee: \$44		
M-F	3/16-3/20	10-11 a.m.	11-12 yrs

Teen Lessons

- Lessons run for eight weeks.
- Player to instructor ratio is 8:1 unless otherwise noted.
- Participants will need to provide their own racquet.
- If a player is registered in a class that is either higher or lower than their ability, the tennis instructor will make a recommendation for a more suitable class. You will be encouraged to move into the appropriate class level depending upon availability.

TEEN – BEGINNERS AND ADVANCED BEGINNERS

This lesson is designed to introduce teens to the fun game of tennis, providing instruction of the basic skills and tennis-related games. This lesson ranges from those who want to learn the game of tennis just for fun all the way to those hoping to make it on to a high school tennis team. No knowledge of tennis is required.

Instructor: Ed Wolin, Janonn Hasan

Resident fee: \$50	Non-resident fee: \$68		
M	3/23-5/11	5-6 p.m.	13-17 yrs
W	3/25-5/13	5-6 p.m.	13-17 yrs

TEEN – INTERMEDIATE

This lesson is designed for teens that are currently on a high school tennis team or for those with match play experience. Must be able to execute cross-court and line shots in a controlled manner and have knowledge of singles and doubles match play in addition to scoring. This lesson is instructed by a tennis professional.

Instructor: Ed Wolin, Janonn Hasan

Resident fee: \$50	Non-resident fee: \$68		
M	3/23-5/11	6-7 p.m.	13-17 yrs
W	3/25-5/13	6-7 p.m.	13-17 yrs

TEEN ADVANTAGE

This lesson is designed for teens that are currently on a high school tennis team and play at a Varsity level. Must be able to execute cross-court and line shots in a controlled manner and have knowledge of singles and doubles match play in addition to scoring. This lesson is instructed by a tennis professional.

Instructor: Debbie Lloyd

Resident fee: \$72	Non-resident fee: \$98		
M	3/23-5/11	6-7:30 p.m.	13-17 yrs
Resident fee: \$50	Non-resident fee: \$68		
F	3/27-5/15	7-8 p.m.	13-17 yrs

Adult Lessons

- Lessons run for eight weeks.
- Player to instructor ratio is 8:1 unless otherwise noted.
- Participants will need to provide their own racquet.
- If a player is registered in a class that is either higher or lower than their ability, the tennis instructor will make a recommendation for a more suitable class. You will be encouraged to move into the appropriate class level depending upon availability.

ADULT 1.0

Designed to introduce players to the basic skills in the game of tennis.

Instructor: Tennis Staff

Resident fee: \$76	Non-resident fee: \$103		
Tu	3/24-5/12	7-8 p.m.	16 yrs+
Tu	3/24-5/12	10-11 a.m.	16 yrs+
Th	3/26-5/14	8-9 p.m.	16 yrs+
Sa	3/28-5/16	9-10 a.m.	16 yrs+

ADULT 2.0

Designed to focus on improving the basic skills and introduce strategy when playing the game of tennis.

Instructor: Tennis Staff

Resident fee: \$76	Non-resident fee: \$103		
M	3/23-5/11	10-11 a.m.	16 yrs+
Th	3/26-5/14	7:30-8:30 p.m.	16 yrs+
Sa	3/28-5/16	10-11 a.m.	16 yrs+

ADULT 2.5

Designed for players that have learned the basics but need stroke development, footwork, and introduction to match play.

Instructor: Tennis Staff

Resident fee: \$76	Non-resident fee: \$103		
M	3/23-5/11	7-8 p.m.	16 yrs+
Tu	3/24-5/12	8-9 p.m.	16 yrs+
F	3/27-5/15	11 a.m.-noon	16 yrs+
Sa	3/28-5/16	11 a.m.-noon	16 yrs+

ADULT 2.5-3.0 (SEMI-PRIVATE)

Designed for players that have learned the basics but need stroke development, footwork, and introduction to match play. Class offers a 4:1 student to instructor ratio which allows more one-on-one time with tennis pro.

Instructors: Lasse Akesson

Resident fee: \$152	Non-resident fee: \$206		
Tu	3/24-5/12	7-8 p.m.	16 yrs+

ADULT 3.0

A continuation of Adult 2.5. Designed for players that have learned the basics but need stroke development, footwork, and introduction to match play.

Instructor: Tennis Staff

Resident fee: \$76	Non-resident fee: \$103		
M	3/23-5/11	8-9 p.m.	16 yrs+
Th	3/26-5/14	7-8 p.m.	16 yrs+
F	3/27-5/15	10-11 a.m.	16 yrs+

ADULT 3.5

Designed for players who are already involved in competition, but need improvement on strokes and strategy. Drill based lesson. Each player must be rated by a Chandler Tennis Center Tennis Professional or have an N.T.R.P. (National Tennis Rating Program) rating prior to registering in the class. If a player signs up without being rated, he or she will be removed and given a full refund.

Instructor: Lasse Akesson

Resident fee: \$108 **Non-resident fee: \$146**
 W 3/25-5/13 7-8:30 p.m. 16 yrs+

ADULT 4.0

Designed for players who are already involved in competition, but need improvement on strokes and strategy. Drill based lesson. Each player must be rated by a Chandler Tennis Center Tennis Professional or have an N.T.R.P. (National Tennis Rating Program) rating prior to registering in the class. If a player signs up without being rated, he or she will be removed and given a full refund.

Instructor: Lasse Akesson

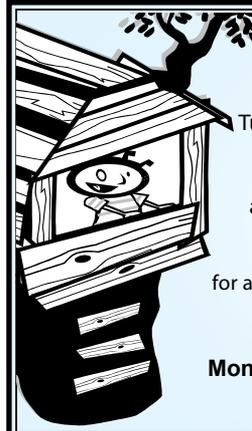
Resident fee: \$108 **Non-resident fee: \$146**
 Th 3/26-5/14 7-8:30 p.m. 16 yrs+

CARDIO TENNIS

Are you tired of walking on a treadmill to get in shape? Change your fitness routine and really get your heart pumping. Set to fast-paced music, this lesson will keep you moving, so come with energy.

Instructor: Tennis Staff

Resident fee: \$48 **Non-resident fee: \$65**
 M 3/23-5/11 9-10 a.m. 16 yrs+
 W 3/25-5/13 7:30-8:30 p.m. 16 yrs+



DID YOU KNOW...

The **TREE HOUSE CHILD WATCH** inside the Tumbleweed Recreation Center is available to Chandler Tennis Center participants?

The Tree House provides several supervised activities such as crafts, dramatic play, reading, climbing and exploring. Children ages 1-7 are welcome for up to three hours at a time for a minimal fee. See TRC or Tennis Center staff for more information.

TREE HOUSE HOURS:
Monday-Friday, 8 a.m.-noon and 4-9 p.m.
and Saturday, 8 a.m.-1 p.m.

ADVANCED CARDIO TENNIS

This class is for the experienced cardio player. Fast-paced music and intense drills will keep your feet moving and heart rate up for a great workout.

Instructor: Vicki Foster, Tennis Staff

Resident fee: \$48 **Non-resident fee: \$65**
 M 3/23-5/11 7:30-8:30 p.m. 16 yrs+
 Tu 3/24-5/12 9-10 a.m. 16 yrs+

TUMBLEWEED Recreation center | Group exercise schedule

745 East Germann Road • Chandler, AZ 85286 • 480-782-2900

For class descriptions, instructors and more information visit www.chandleraz.gov/tumbleweed

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 a.m.		Cycle & ABS (ctc) 15		Cycle Circuit (ctc) 15		
8:15 a.m.			Chair Yoga (GE) 50			Yoga* 30 Cycle Jam (ctc) 15
8:30 a.m.	Gentle Yoga* 30 Circuit Express (30 min)	Circuit Express (30 min)	Yoga* 30 Circuit Express (30 min)	Circuit Express (30 min)	Yoga* 30 Circuit Express (30 min)	
9 a.m.	SilverSneakers® Classic (GE) 50	Pilates** 17 Zumba® (GE) 125 Ultimate Conditioning* 25	SilverSneakers® Classic (GE) 50	Zumba® (GE) 125 Total Body Plus* 25		
9:30 a.m.	HIIT* 25		Pilates** 17 Step II* 22		Cardio Sculpt* 24 Senior Total Body Conditioning (GE) 40	Cardio Sculpt* 22 (Alternate Sa) Cardio Kickboxing* 22 (Alternate Sa)
10 a.m.				PIYO* 30		
10:30 a.m.	Pump it Up* 22 Pilates** 16		Body Defined* 25		Beyond Barre* 25	Beyond Barre** 25
11:30 a.m.						Zumba®* 45
4:30 p.m.	f-AB-ulous CORE* 25	HIIT* 25	f-AB-ulous CORE* 25	HIIT* 25		Group Exercise classes are FREE to pass holders otherwise daily rates apply. *Group Exercise Studio **Dance Studio (GE) Gymnasium - East (GW) Gymnasium - West (ctc) Chandler Tennis Center
5:30 p.m.		Beyond Barre** 16 Pump It Up* 22	Cardio Kickboxing* 22	Tabata Strength* 22		
5:45 p.m.	Zumba®* 45					
6 p.m.	Cycle Jam (ctc) 15	Cycle (ctc) 15		Cycle (ctc) 15	Zumba®* 45	
6:30 p.m.		Pound* 30				
7 p.m.	Challenge Yoga* 30		Challenge Yoga* 30	Yoga* 30		
8 p.m.	Zumba® Toning (GW) 125	Zumba® (GW) 125	Zumba® (GW) 125	Zumba® (GW) 125		

Class maximums are in **bold** after class location abbreviations.

All classes are 55 minutes with the exception of Circuit Express, Tabata Strength and Chair Yoga.

All Zumba® classes require a wristband which is provided at the front desk. **Class times and locations are subject to change**