



The suggested contribution for those 60 and above and those under 60 with disabilities is \$3.50.

Contributions above the suggested donation are always appreciated.

AZCEND Senior Nutrition

Program Manager:

Kelly Delgado
480-782-2721

Outreach Specialist:

480-503-6061

Home Delivered Meals:

480-503-6058

Transportation:

Para Transit: 602-716-2200
Ride Choice: 602-716-2100
Chandler FLEX:
602-932-0291

Senior HELP Line:

602-264-4357

EMPACT Counseling:

480-784-1514 EXT. 1219

Housing Assistance:

480-782-3200

Chandler Senior Center:

480-782-2720

LUNCH MENU - MAY

Menus are subject to change. Lunch is served M-F at 11:30 a.m.

MON	TUE	WED	THUR	FRI
*To Make Reservations For Lunch Please Call 480-782-2721		1 Baked Tilapia Puttanesca Asparagus Stewed Tomatoes Peaches & Blueberries	2 Beef Taco Roasted Tomatoes Cowboy Beans Mango	3 Baked Egg, Cheese & Spinach Brussel Sprouts Chateau Blend Strawberries
6 Asian Ground Pork Stir Fry Peppers & Onions Pina Colada	7 Cheeseburger Chef's Choice Vegetable Italian Blend Honeydew	8 Bean & Cheese Burrito Stewed Tomatoes Cauliflower Raspberry Applesauce	9 Herb Crusted Tilapia Succotash Butternut Squash Fruit Cocktail	10 Orange Chicken Stir Fry Vegetables Peas Oranges
13 Baked Swai w/Fresh Tomato Relish Winter Blend Cantaloupe	14 Chicken w/Sweet Vinegar Peppers Island Blend Sweet Potato Wedges Diced Peaches	15 Sicilian Pork Roasted Fennel w/Onions Zucchini & Tomatoes Apricots	16 Curry Chicken Stew Cauliflower Spinach Ambrosia	17 Lentil Stew Oven Potato Hash Breadstick Apple Slices
20 Turkey Tetrazzini Collard Greens Baby Carrots Diced Pears	21 Beef Tips w/Gravy Mashed Potatoes Asparagus Tropical Mix	22 Mediterranean Tuna Sandwich Vegetable Soup Mixed Berries	23 Creamy Chipped Beef Chateau Blend Orange	24 Chicken Sandwich Diced Sweet Potato Peas Strawberries & Cream
27 Senior Center Closed for Memorial Day	28 Diced Pork w/Pineapple Spinach Cauliflower Ambrosia	29 Chicken Teriyaki Peas w? Pearl Onions Mandarin Oranges	30 Cheesy Pasta Primavera Garden Salad Island Blend Cantaloupe	31 Lemon Tilapia Green Beans Chateau Blend Pineapple

