

# April | 2024

**CHANDLER  
REC**

VIRTUAL CLASSES through **televēda**

**WEEK 1**  
**1 Monday**  
8:30 a.m. Sr Exercise  
9 a.m. Chair Yoga  
12:30 p.m. Sr Musical Bingo  
5 p.m. All About Sharks

**WEEK 2**  
**8 Monday**  
8:30 a.m. Sr Exercise  
9 a.m. Chair Yoga  
12:30 p.m. Sr Musical Bingo

**WEEK 3**  
**15 Monday**  
8:30 a.m. Sr Exercise  
9 a.m. Chair Yoga  
12:30 p.m. Sr Musical Bingo

**WEEK 4**  
**22 Monday**  
8:30 a.m. Sr Exercise  
9 a.m. Chair Yoga  
12:30 p.m. Sr Musical Bingo

**WEEK 5**  
**29 Monday**  
8:30 a.m. Sr Exercise  
12:30 p.m. Sr Musical Bingo

**2 Tuesday**  
9 a.m. All Levels Yoga  
10 a.m. Sr Mindfulness 2.0

**9 Tuesday**  
9 a.m. All Levels Yoga  
10 a.m. Sr Mindfulness 2.0  
11 a.m. Sr Watercolor \$

**16 Tuesday**  
9 a.m. All Levels Yoga  
10 a.m. Sr Mindfulness 2.0  
11 a.m. Sr Watercolor \$  
5 p.m. Marine Biology

**23 Tuesday**  
9 a.m. All Levels Yoga  
10 a.m. Sr Mindfulness 2.0  
11 a.m. Sr Watercolor \$

**30 Tuesday**  
10 a.m. Sr Mindfulness 2.0  
11 a.m. Sr Watercolor \$

**3 Wednesday**  
8:30 a.m. Sr Exercise  
11 a.m. Sr Drawing \$  
12:30 p.m. Sr Bingo  
5 p.m. Sonoran Desert Q&A  
**4 Thursday**  
10:30 a.m. Sr. Yoga, Meditation and Health  
5 p.m. Desert Plant Adaptations

**10 Wednesday**  
8:30 a.m. Sr Exercise  
11 a.m. Sr Drawing \$  
12:30 p.m. Sr Bingo  
**11 Thursday**  
10:30 a.m. Sr. Yoga, Meditation and Health  
5 p.m. Cave Critters

**17 Wednesday**  
8:30 a.m. Sr Exercise  
11 a.m. Sr Drawing \$  
12:30 p.m. Sr Bingo  
**18 Thursday**  
10:30 a.m. Sr. Yoga, Meditation and Health

**24 Wednesday**  
8:30 a.m. Sr Exercise  
11 a.m. Sr Drawing \$  
12:30 p.m. Sr Bingo  
**25 Thursday**  
10:30 a.m. Sr. Yoga, Meditation and Health

**5 Friday**  
8:30 a.m. Sr Exercise  
9 a.m. Gentle Yoga  
12:30 p.m. Sr Musical Bingo  
2 p.m. Sr Oil Painting \$

**12 Friday**  
8:30 a.m. Sr Exercise  
9 a.m. Gentle Yoga  
12:30 p.m. Sr Musical Bingo  
2 p.m. Sr Oil Painting \$

**19 Friday**  
8:30 a.m. Sr Exercise  
9 a.m. Gentle Yoga  
12:30 p.m. Sr Musical Bingo  
2 p.m. Sr Oil Painting \$

**26 Friday**  
8:30 a.m. Sr Exercise  
9 a.m. Gentle Yoga  
12:30 p.m. Sr Musical Bingo  
2 p.m. Sr Oil Painting \$

[Click here to access the schedule](#)